

Want to improve your reading and writing?

FRED+ is a free service for people over 18 who live in the Forest of Dean and would like to improve their reading and writing.

How can FRED PLUS help me?

- You can have confidential 1:1 support with a trained coach
- You will have a quiet, private place to work
- You can meet at a time to suit you
- You can work at your own pace
- You can work on a programme to meet your needs

For more information:

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